## Rosemary's Cookies

Ingredients: *cloves, powdered ginger, rosemary.*

*Cookie Recipe:*
1c sugar
¾ c butter
1 egg
¼ c molasses
1 ¾ c flour
1t baking soda
½ t salt
1 T Rosemary's Cookie blend

Cream butter and sugar. Add egg and molasses. Stir in remaining ingredients and mix well. Drop teaspoon size balls onto a greased cookie sheet. Bake for 10-12 minutes at 325°. Recipe makes approximately 5 dozen. Blend tin will make 4 recipes.

## Golden Milk Hot Cocoa

Ingredients: *turmeric, black pepper, cinnamon, powdered ginger, cocoa power*

*Use: Dissolve 1 heaped tsp into 2 T of hot water. Add 1 cup of warm milk/ dairy free milk and sweetener if desired. Can also be served over ice or added to smoothies.*

# The Herb Society of America - South Texas Unit

Herb Fair Blends *Ingredients, Recipes, and Uses*

## Pumpkin Spice Blend

Ingredients: *turmeric, black pepper, cinnamon, powdered ginger, cocoa power*

Here are some ways it can be used:

- Mix a pinch into cream cheese frosting, honey butter, or a sweet spread for bagels and toast.
- Toss about half a teaspoon per cup directly into your pancake or waffle batter.
- Blend it into your coffee grounds before brewing, or stir it into a homemade pumpkin spice syrup for lattes.
- Sprinkle it over morning oatmeal, overnight oats, or homemade granola.
- Toss sweet potatoes, winter squash, carrots, or parsnips in olive oil and pumpkin pie spice before roasting.
- Sprinkle it over freshly popped popcorn alongside a bit of butter or sugar.

## Herbal Salt

Ingredients: *kosher salt, dried herbs*

Use: Treat this salt as a finishing salt and add to food just before enjoying.
Here are some places it can be used:

- Sprinkle over grilled or roasted steak, chicken, pork chops, or pan-seared fish.
- Enhance roasted potatoes, root vegetables, corn on the cob, or fresh garden salads.
- Add to focaccia bread, or mix with oil and serve with a baguette, you could even add it to buttered popcorn.
- Toss over scrambled eggs, omelets, deviled eggs, or spread onto soft cheeses like goat cheese or ricotta.
- Rim glasses for savory drinks like blood marys or margaritas.